

Information & support for families of children with additional support needs



Signpost news

March 2017

Welcome.....

It's been a busy few months here at Signpost, so we were glad of a night off recently, when we attended the 'Pride of West Lothian' fundraiser for Signpost, which was arranged by the amazing Eventastic team at West Lothian College.



Everyone who went along had a fantastic time, and we can't thank the team enough for raising a huge sum of money to support our work. There were some very moving stories about the award winners, and we were excited to meet local star of 'Outlander' Scott Kyle, who presented an award. Well done to everyone involved.

On the topic of fund-raising, with the marathon season well under way, why not give yourself an extra reason to run by asking people to sponsor you on behalf of Signpost? First-time runner or seasoned pro, we will support you all the way.

New autism projects

West Lothian Council is supporting some new projects using their 'Let's Get it Right for Autism' fund, and wants the public to vote on the best ones.

There will be a public meeting to review the projects, with each hopeful entrant doing a 5 minute presentation to explain their ideas, on Saturday 25th March. After this, the films of the presentations will be put online so that the public can vote for the best ones, with voting taking place until the end of April.

The films will appear on WL Council's website next week, and there will also be a link on their Facebook page (and ours!) The link is:

<https://www.westlothian.gov.uk/Lets-Get-it-Right-for-Autism>.

Signpost will be submitting a project, so please take a look and vote for us!

Parents Transition Course



Run in partnership, Signpost and Carers of West Lothian deliver a four week Transition Course for parents of a young person with additional needs reaching school leaving age.



Are you confident about what transition meetings are about? Are you aware of the services and organisations in West Lothian that are there to support you and your son/daughter in the future?

This is your opportunity to learn and ask the experts questions! The course is designed to prepare you for your young person moving from school into adulthood and what opportunities and options that will be available. We have different guest speakers each week and cover topics such as guardianship, trust funds, benefits, lifelong learning, community inclusion and other services.

The course will be held at Carers of West Lothian in Livingston on each Thursday in May 2016. (4th, 11th, 18th, and 25th)

For further information or to register your interest, please get in touch with Elizabeth at managers@signpost-online.co.uk 01506 431123

Dates for your diary

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|------------------------------|---------------------|
| Emergency Service Day | 5th April |
| Signpost Closes for holidays | 14th and 17th April |
| Vote for autism projects | through April |

Did you know Signpost is a registered charity, and we have to raise all our funds ourselves each year?

All donations are gratefully received, and go towards supporting families to have the same choices

Conifox adventure park

Open 10am-5pm, 7 days a week. Located on the "old Airport Road" on the north east of Kirkliston (EH29 9ER), this new park has been open since September 2016.

Foot-golf, pedal go-karts, off road pedal tractors, kids pedal tractor farm, giant jump pillow, trampolines, swings, rope bridges and other adventure playground equipment and more to come in the future!

£5 for adults, £6 for a child, Family ticket (2+2) £20, extra child £4. Pay once and play all day.

Level, grassy area, ash paths, free parking, lots of room to run around. Bistro cafe for refreshments



Emergency services day 5th April at The Helix, Falkirk 11am to 4pm

Something different to attend during the holidays. There will be a sensory hour between 11am and noon, with no noise or sirens during that time.

National Deaf Children's Society - upcoming events

Do you work with or know a deaf child or young person who wants to be part of something special at our youth events?

They can join us to make friends, have fun, be active and improve confidence and skills.

All youth activities will have trained leaders who will welcome and ensure you have a safe and positive experience.

Communication is important to us, sign or speech - we have it covered!

Mission Adventure 31 July – 4 August 2017

Blairvadach Outdoor Centre, Argyll & Bute, Scotland

A week long residential for deaf young people aged 8-14. Come along to meet new friends, take part in lots of fun outdoor activities and earn a nationally recognised qualification.

The initial closing date for applications is 12 May 2017

Mission Extreme 31 July – 4 August 2017

Blairvadach Outdoor Centre, Argyll & Bute, Scotland

An exciting residential week away packed with adventurous outdoor activities for deaf young people aged 15-18. Meet new friends and take part in exciting outdoor activities while working towards your RYA Power Boat Level 2 award.

The initial closing date for applications is 12 May 2017

For a more information or an application form, call 0141 354 7850, text 07484 039 997 or e-mail siobhan.murray@ndcs.org.uk

Signpost - Support for families of young people with additional needs in West Lothian

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| E-mail: | enquiries@signpost-online.co.uk |
| Facebook: | Signpost-West Lothian |
| Write to: | Signpost, Beattie School Campus, Livingston, EH54 5EJ |
| Visit our website: | www.signpost-online.co.uk |
| Come in and see us! | Office open: 9-4pm Mon-Thur, 9-1pm Fri, Beattie School Campus, Craigshill, Livingston, EH54 5EJ |



Signpost is a charity registered in Scotland (SCIO SC032398), supported by donations

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